

# Hamburg School

September 2017 **Breakfast Menu** 

# **Get a Healthy Start to Your Day with School Breakfast!** 7:40-8:00 Daily

Wednesday is "Hot Breakfast Day!"

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

### **Offered with all Meals:**

Assorted Juices Fruit Cup Milk Selection

## **Bagel Toppings:**

Cream Cheese, Jelly or Butter

Farm Fresh Produce will be available from September 25th through the 29th. Look out for the Jersey Fresh Symbol on the lunch line!

Local produce decreases the food miles from the farm to your cafeteria.

**Local fruits and vegetables** are in season and taste great!

**Student Breakfast** \$.1.60

**Adult Breakfast** \$2.10

**Reduced Breakfast** \$0.30





#### Monday Tuesday Wednesday **Thursday** Friday We Hope You Enjoyed **School** Closed Your Summer Vacation! Labor Assorted Assorted Whole Grain Whole Grain Day Cereals & Cereals & **Graham Crackers Graham Crackers** School OR OR Closed Warm Whole Bagel with **Grain Spice Donut** Topping Assorted Assorted Assorted Assorted **Assorted** Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Cereals & Cereals & Cereals & Cereals & Cereals & **Graham Crackers Graham Crackers Graham Crackers Graham Crackers Graham Crackers** OR OR OR OR OR Bagel with Warm Whole Bagel with **Pancakes Bagel with Grain Spice Donut** Topping Topping & Syrup Topping 19 Assorted Assorted Assorted Assorted Assorted Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Cereals & Cereals & Cereals & Cereals & Cereals & **Graham Crackers Graham Crackers Graham Crackers Graham Crackers Graham Crackers** OR OR OR OR OR Bagel with Bagel with **Pancakes** Warm Whole **Bagel with Topping** Grain Spice Donut Topping & Syrup Topping Assorted Assorted Assorted Assorted Assorted Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Cereals & Cereals & Cereals & Cereals & Cereals & **Graham Crackers Graham Crackers Graham Crackers Graham Crackers Graham Crackers** OR OR **OR** OR Warm Whole Bagel with Bagel with **Pancakes** Bagel with **Topping** Topping & Syrup Grain Spice Donut Topping Jersey Fresh Farm to School Week

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