

WALLKILL VALLEY YOUTH WRESTLING CLUB REGISTRATION 2018 - 2019



SIGN UPS FOR GRADES K THROUGH 8th

- Our program was developed to provide a healthy environment for local kids to learn and appreciate a few fundamentals of wrestling.
 - All boys/girls in Kindergarten or 1st grade from Hardyston, Hamburg, Franklin and Ogdensburg are eligible to participate
- Our Group 1 clinic is for younger and inexperienced wrestlers. Group 1 practice sessions are 1 hour sessions held on Tuesday & Thursday evenings from 5:30pm-6:30pm. They will begin on November 6th and run through February
- Our Group 2 clinic is for experienced wrestlers in K-8th grade. Group 2 practice sessions are Tuesday and Thursday from 6:30-7:45pm. They will begin on November 6th and run through February
 - Practices will be at Touro MMA, Stockholm, NJ
- Group 1 wrestlers will have several optional novice tournament to practice their skills against kids of the same age and weight. Group 2 Wrestlers will be wrestling team matches against other local wrestling programs and participate in a few tournaments throughout the season
 - For questions about the program, please contact Glenn Garofano at: glenngarofanojr@gmail.com
 - Program fee includes a Wallkill Valley Wrestling T-shirt, shorts and a USA wrestling membership card.
 - Singlets will be provided to each wrestler
 - Each child must have wrestling head gear and wrestling shoes

Registration Fee-\$150.00 first child / \$140.00 each additional sibling

A physical is required for wrestling. Please bring copy during the first week of practice.

To register online go to:

www.leaguelineup.com/wallkillvalleywrestlingclub