

FAMILY PARTNERS OF MORRIS  
& SUSSEX COUNTIES

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# HEALTHY HOLIDAY TRADITIONS

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PRESENTED BY  
THERESA CALLAGHAN, RD

NOVEMBER 15TH  
11:30 AM - 1:00 PM  
67 SPRING STREET, NEWTON, NJ  
07860 - COMMUNITY CENTER

FOR MORE INFO  
PLEASE CALL (973) 940-3194  
OR EMAIL  
JWISNESKI@FAMILYPARTNERSMS.ORG

Theresa Callaghan is a Registered Dietitian Nutritionist at The ShopRite of Byram in Sussex County. Theresa completed her Dietetic Internship and MS Degree from The College of Saint Elizabeth. At

ShopRite, Theresa participates in nutritional counseling, store tours, and community education programs for customers on a variety of nutrition topics.

