

# **OUR MISSION AND HISTORY**

Lasagna Love was started at the beginning of the pandemic, when one mom was looking for a way to help other moms in her community. She and her toddler started making and delivering meals to families in her neighborhood who were struggling -- whether it was financially, emotionally, or simply feeling overwhelmed. The organization has since grown into a national movement, with thousands of people all cooking and delivering to families in their communities.

Our mission is simple: feed families, spread kindness, and strengthen communities. It is to not only address the incredible rise in food insecurity among families, but to also provide a simple act of love and kindness during a time full of uncertainty and stress.

## **HOW LASAGNA LOVE WORKS**

Lasagna Chefs, home-cook volunteers from across the nation, cook batches of lasagnas each week and deliver them free of charge to families who have requested a meal. When a receiving family signs up to receive a lasagna, they share basic information, including name, contact information, total members of the family needing a meal, and any dietary restrictions. The receiving family is then matched with a local Lasagna Chef. The Lasagna Chef coordinates directly with the family using the contact information provided and schedules a day and time for contactless delivery of a meal.

## WHO CAN BENEFIT?

Anyone who needs a hot meal. Whether it's a family struggling with illness, issues of food insecurity, or a break in a hectic schedule. Lasagna Chefs are eager to provide a bit of kindness to a neighbor.

# HOW TO CONNECT WITH US

Use the attached flyer to let families in your network know how they can sign up to receive a meal. Feel free to make copies of the flyer and distribute and/or support families by nominating them for a meal through our online nomination tool.

In some cases, Lasagna Love can also do larger-scale events in partnership with local organizations like food banks, shelters, hospitals, etc. To inquire about coordinating an event, visit: https://www.lasagnalove.org/collaborate

Feed families SPREAD KINDNESS strengthen communities 🟹 info@lasagnalove.org 🛛 👩 @wearelasagnalove 🛛 🗗 WeAreLasagnaLove

www.lasagnalove.org



## NEED A HAND FEEDING YOUR FAMILY? YOUR NEIGHBORS WANT TO HELP! REQUEST A FREE LASAGNA DELIVERY WITH THESE 5 STEPS:



### Feed families, spread kindness, strengthen communities.

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#### ¿PUEDEN AYUDARTE TUS VECINOS CON LA CENA PARA TU FAMILIA? SOLICITE UNA ENTREGA DE LASAÑA GRATIS CON ESTOS 5 PASOS:



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