

# Project Self-Sufficiency Parenting Classes

with Therapist Diane Lang



**Tuesdays**

**April 12–May 24**

**6–8pm**



**Via Zoom**

Parenting classes use the nationally recognized **Nurturing Parenting™** curriculum, a family-centered approach to building nurturing parenting skills.



**Therapist Diane Lang**

**Free & Open to the Public**  
**Call 973-940-3500 to Register**



**Open to Parents of Children  
of All Ages**

**Attendance is Required  
at All Sessions**



Parenting Classes at Project Self-Sufficiency are a program of  
Project Sussex Kids & the Sussex County Family Success Center



**Project Self-Sufficiency**  
127 Mill Street, Newton, NJ 07860—[www.projectsselfsufficiency.org](http://www.projectsselfsufficiency.org)