Free Parent Workshop

Open to All Parents in Sussex County

Monday, November 6th at 7:00pm

Ogdensburg School Library
100 Main Street

Turning Porcelain into Steel

Helping children deal with stress by building resiliency

About the workshop: During this workshop you will learn strategies to help your child become more resilient, bounce back from challenges and fulfill their potential for greatness.

About the presenter: Bernie Ivin is a Licensed Clinical Social Worker and Certified Cognitive Behavioral Therapist. He is the founder, program director, and clinician at Strength for Change. He has authored and self-published a book titled A Parent's Handbook: The Essential Guide To Obtaining Counseling Services For Your Child and a multi-media program titled The 1-2-3 Succeed Program: Helping The Capable, But Disorganized & Unmotivated Student.

Please contact Leanne Paolazzi with any questions at LPAOLAZZI@OBBOE.ORG.