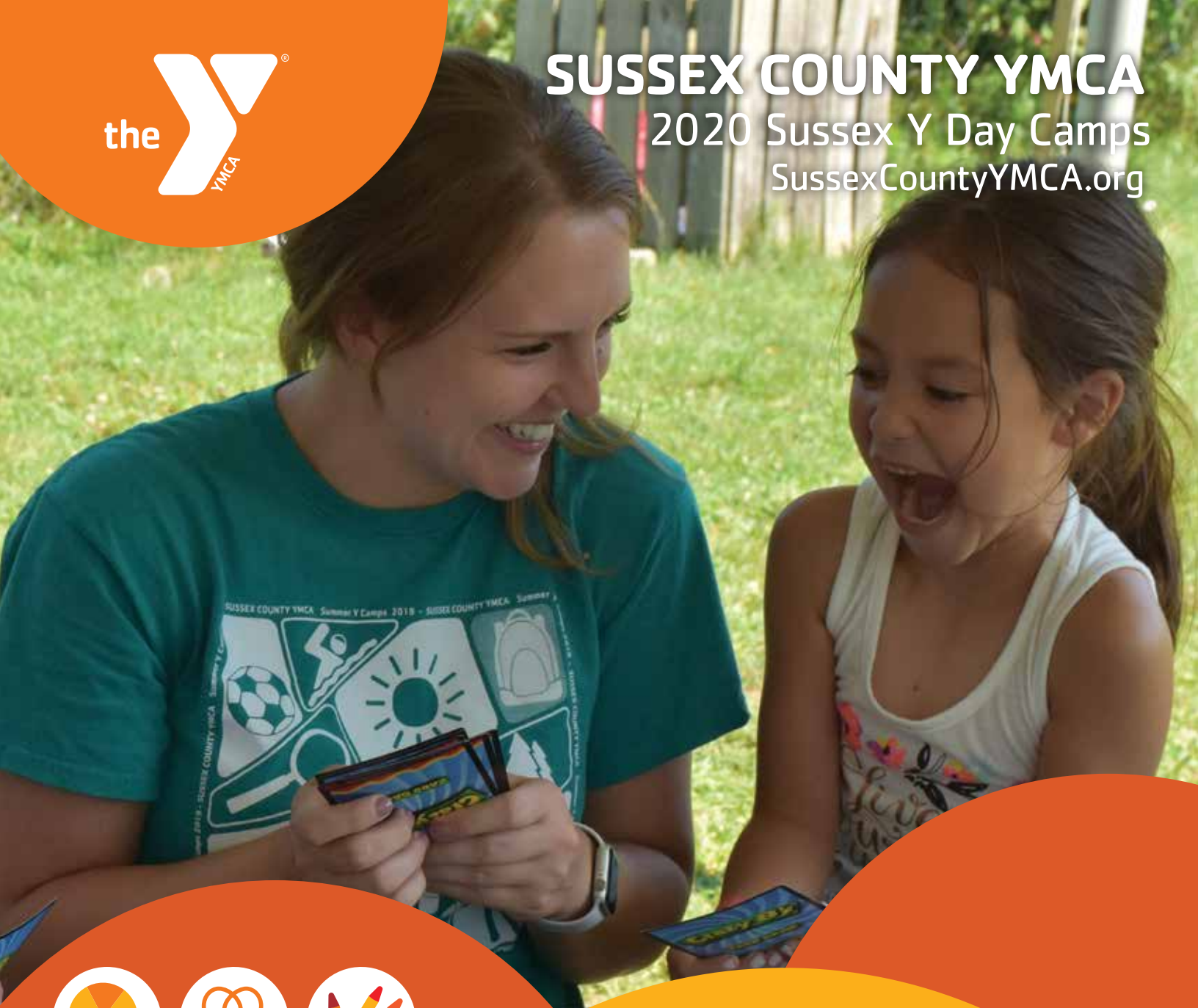




**SUSSEX COUNTY YMCA**  
2020 Sussex Y Day Camps  
[SussexCountyYMCA.org](http://SussexCountyYMCA.org)



**BEST**   
**SUMMER**  
**EVER™**



# WELCOME

The Sussex County YMCA camp experience is a rich, learning environment. New friends, new songs, new achievements, combined with new growth and independence. The essence of YMCA camp is the presence of supportive relationships, meaningful opportunities and challenging activities in a physically and emotionally safe environment. A place designed for children, where they can explore and discover, an important rite of passage especially for today's children. Children are inherently curious and naturally risk takers. These are both important elements to learning. Our camps give children age appropriate opportunities for safe risks and enable children to challenge their steepest learning curve. Camp nurtures curiosity, inviting creativity which is a precursor to discovery and growth. Give your child the gift of camp and enjoy with your family many treasured memories.



## BELONGING

We're here to make kids feel welcome. To help them quickly realize this is a place where they belong and can be themselves, try new things, make new friends, and be a part of something great.



## ACCOMPLISHMENT

We're here to surround your kids with fantastic chances to try new experiences, and show them all they can do when they believe in themselves.



## FRIENDSHIPS

We're here to inspire kids to work together and play together, creating friendships that can last a lifetime.

# THINGS TO KNOW

**Sussex County YMCA Summer Y Camps** provide a safe and enriching environment for campers to participate in healthy, developmentally appropriate activities and learning experiences.

All camps focus on building self-esteem, confidence and social skills while increasing independence and health and wellness awareness. Your camper will have fun and make new friends while exploring new experiences.

**Camp t-shirt and swim lessons are included.**

**Each camper must submit a current immunization record prior to the start of camp.**

## Staff

We carefully select and screen caring role models who demonstrate a passion for developing confidence and good character in youth. The Y maintains a commitment to a recruiting process that includes comprehensive training and background checks.

## Before and After Camp Care

Available for an additional cost, see registration form.

**Before Camp Care** 7:00–9:00am

**After Camp Care** 5:00–6:00pm

## Y For All

The Y is a leading **501 c(3) nonprofit organization** for youth development, healthy living and social responsibility. Through funds raised from the Annual Campaign and special events, we are able to provide financial assistance to qualifying individuals and families so that everyone has a chance to learn, grow and thrive at the Y. Please call or visit [metroymcas.org/main/financial-assistance/](http://metroymcas.org/main/financial-assistance/) for more information and an application. **Deadline for camp Financial Assistance Application is April 1, 2020.**

## American Camp Association Accreditation (ACA)

As a leading authority in youth development, ACA works to preserve, promote and improve the camp experience. In partnership with ACA, the YMCA is committed to ensuring that all YMCA camps provide:

- Caring, competent adult role models
- Camp communities committed to a safe, nurturing environment
- Healthy, developmentally-appropriate experiences
- Service to the community and the natural world
- Opportunities for leadership and personal growth
- Discovery, experiential education and learning opportunities
- Excellence and continuous self-improvement



## NEW Online Registration in 2020!

**Visit our website to register online**

**Please Note:** Your child must have a membership at the time of registration and while attending camp to receive the membership rate. If your child does not have a membership when camp starts and during the time they're in camp, the fees will be adjusted to the Community Member rate.

\* Must register online to guarantee spot.



### CAMP EVENT INFORMATION

**Camp Reunion**  
**Saturday, January 11, 1:00–3:00pm**

**Open House**  
**Sunday, March 29, 10:00am–12:00pm**

**Open House**  
**Sunday, May 17, 1:00–3:00pm**



The YMCA is a 501(c)3 non-profit organization.





# SUSSEX Y CAMPS

## FUN, DISCOVERY AND NEW ADVENTURES

**SUSSEX Y CAMPS** are held at the Sussex County YMCA. Our camps provide a safe and nurturing environment where children have fun, make new friends and explore new activities! All camp activities are created around exciting weekly themes with an emphasis on building confidence, self-reliance, problem solving skills, and social skills. With the Y, you can be assured that your child will have a positive environment to play, learn and grow.

Our full-day camp options also include field trips. 2020 trips will include visits to, High Point State Park and the New Jersey State Fair.

**ACTIVITIES:** archery, arts and crafts, cooking, games, group swim lessons, nature/science activities, recreational swim, sports, and pool time. Each week of camp has a different theme to build excitement all summer long.

### THEMES

**Week 1** Camp Kickoff  
**Week 2** Party in the USA  
**Week 3** Wet & Wild Water Week  
**Week 4** Full STEAM Ahead  
**Week 5** Treasure Quest

**Week 6** Sussex Y Summer Games  
**Week 7** Carnival Craze  
**Week 8** The Great Outdoors  
**Week 9** Holiday Extravaganza  
**Week 10** Color Wars  
**Week 11** Camp Frenzy

### JUNIOR Y CAMP (Age 3 - Entering Kindergarten)

**Half-day, 9:00am-1:00pm**

Children will be introduced to camp activities including swim lessons, playground time, arts and crafts, singing, and circle time. Each themed week includes enrichment activities to encourage your child to gain confidence, self-reliance and social skills. Must be potty trained.

### KIDS Y CAMP (Entering grades 1-6)

**Half-day, 9:00am-1:00pm or Full-day, 9:00am-5:00pm**

The Kids Y Camp provides your child with a variety of age-appropriate activities designed to build confidence, self-reliance, social skills, teamwork, and friendships. Each themed week includes swim lessons, arts and crafts, games, special event days, field trips and more. Swim lessons are based on the camper's individual skill level.

### TEEN ADVENTURE CAMP (Entering grades 7-8)

**Full-day, 9:00am-5:00pm (2 week sessions) June 22-Aug 28**

Teen Camp activities are designed to encourage decision making skills by providing challenging, fun and character building experiences. Each themed week includes swim lessons, team-building exercises, games, sports, crafts, community service projects, special event days, field trips, and more. Swim lessons are based on the camper's individual skill level.





### **CIT Y CAMP (Entering grades 9-10)**

**Full-day, 9:00am-5:00pm June 29-July 10**

Our Counselor-In-Training (CIT) program is designed to develop tomorrow's leaders who are considering a career in youth development. Teens who are involved in this program participate in a variety of camp activities as well as learn alongside our experienced staff. CIT's are encouraged to attend all pre-camp staff trainings, some trainings are required. CIT's are also trained as swimming instructor aides. Successful participants will be invited to volunteer at the Sussex County YMCA camps over the summer. (All you need to do is send your child to camp with a packed lunch, a swim suit and a towel.)

### **Camp Dates**

**June 22 - September 4**

See website for weekly camp dates.

### **Camp Hours**

**Half-day 9:00am-1:00pm**

**Full-day 9:00am-5:00pm**

### **Camper-to-Staff Ratio**

**3-4 yrs: 5:1; 5 yrs: 6:1; 6-8 yrs: 8:1; 9-11 yrs: 10:1**

### **Camp Director**

**Laura Gloss: 973 209 9622 x209, lgloss@metroymcas.org**



**Before Camp Care** is available for **half-day camps**. **Before and After Camp Care** is available for **full-day camps**.  
**Before Camp Care 7:00-9:00am After Camp Care 5:00-6:00pm**

For an additional cost, visit our website.



**Teen Wellness Training where teen campers will have access to the wellness center**

**NEW!**



**NEW!**

**Online Registration!**  
Visit [SussexCountyYMCA.org](http://SussexCountyYMCA.org)

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Swimming included  
with full-day camp.



# SUSSEX Y SPORTS CAMPS

## BUILDING CONFIDENCE AND TEAMWORK

### SUSSEX Y SPORTS CAMP

We offer an atmosphere of fun and fitness for young and maturing athletes to learn to love the game and grow in confidence through skill development, small sided games and team building activities.

**Children will be grouped according to age.**

**Sports Camp will be held at the Sussex County YMCA.**

**Full-day camp includes swimming.**

**Y Membership is required for participation in YMCA camps.**

### TENNIS (Week 2)

Your child will receive coaching and instruction in the development of tennis skills. This is a fun and engaging program to teach beginning and progressive tennis skills including: hand-eye coordination, back and forehand strokes, serving, rules, scoring, strategy, and match play.

### BASKETBALL (Week 3 and Week 9)

The focus of this camp is to improve your child's technique through a series of fun basketball challenges and drills. Skills covered during the week include: dribbling, passing, shooting,

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movement on and off the ball, offense and defense principle, and small sided game play.

### SOCCER (Week 4)

Technical development is emphasized in the following areas: ball control, passing and receiving, offense and defense principle, tactical decisions, vision on and off the ball, and small sided game play.

### MULTI-SPORT (Week 5)

Campers learn multiple sports, gain self-confidence and acquire a love of sports to match their talents and interests. The focus is on developing technique and skills within each sport and gain a better understanding of game play and strategy. Sports include: basketball, soccer, baseball/softball, volleyball, lacrosse, hockey, and more.

### NEW WORLD GAMES (Week 6)

We are gearing up for the 2020 summer olympics. Campers will compete in a variety of sports and games from around the world, including bocce, gaga, archery, futbol, badminton and much more.





### FLAG FOOTBALL (Week 7)

Flag football is a fun and safe alternative to learning the game of football. Our youth flag football camp is designed to introduce young athletes to the sport of football and develop their individual skills as well as team skills.

### NEW GOLF (Week 8)

Campers will learn swing fundamentals, chipping, putting, driving, club choice, rules and etiquette. There will be a special field trip to a local golf course.

#### Camper Ages

Grades 3-7

#### Camp Date

June 29 - August 21

See website for weekly camp dates.

#### Camp Hours

Half-Day Option: 9:00am-1:00pm

Full-Day Option: 9:00am-5:00pm  
(Includes swimming)

#### Camper-to-Staff Ratio

8 and under: 8 :1; 9 and over: 10 :1

#### Camp Director

Laura Gloss: 973 209 9622 x209,  
lgloss@metroymcas.org

**Before Camp Care** is available for **half-day camps**.

**Before and After Camp Care** is available for **full-day camps**.

**Before Camp Care** 7:00-9:00am

**After Camp Care** 5:00-6:00pm

For an additional cost, visit our website.



**NEW!**



**NEW!**

Online Registration!  
Visit [SussexCountyYMCA.org](http://SussexCountyYMCA.org)



# SUSSEX Y SPECIALTY CAMPS

## NEW ADVENTURES FOR NEW EXPERIENCES

**SUSSEX Y SPECIALTY CAMPS** are enrichment camps designed to prepare children for the 21st Century by giving each child the knowledge, confidence, and self-esteem to be successful life-long learners.

### **TOP CHEF (Week 4)** at Hardyston Middle School 9:00am-3:00pm

Who will be our next top chef? Top Chef camp is a great way to have fun while building your culinary skills. Prepare dishes from global cultures while improving your culinary techniques including sautéing, whisking, flavor blending, and presentation. It's an unforgettable week full of cooking, learning, team challenges and FUN!

### **NEW BEGINNING SEWING (Week 5)** at Hardyston Middle School 9:00am-3:00pm

Spark your creativity while having fun and creating projects that you made with your own hands! Campers will learn sewing machine operation and safety, basic sewing skills, and project design process from concept to completion. Starter projects include a small goodie bag, fashion accessories, and a fun pillow of choice. The focus is on learning a new skill and the individual growth of each camper.

### **NEW INTERNATIONAL CUISINE (Week 6)** at Hardyston Middle School 9:00am-3:00pm

Each day campers will focus on a different country. They will learn cuisine facts associated with that country and then create international food.

### **NEW SNACK ATTACK (Week 7)** at Hardyston Middle School 9:00am-3:00pm

Snack Attack week will focus on teaching campers how to create healthy snack options into their daily diet.

**NEW!**



**NEW!**

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Online Registration!  
Visit [SussexCountyYMCA.org](http://SussexCountyYMCA.org)





#### **Camper Ages**

Entering grades 5-9

#### **Camp Date**

July 20 - August 14

See website for weekly camp dates.

#### **Camp Hours**

9:00am-3:00pm at Hardyston Middle School

#### **Camper-to-Staff Ratio**

8 and under: 8 :1; 9 and over: 10 :1

#### **Camp Director**

Laura Gloss: 973 209 9622 x209, [lgloss@metroymcas.org](mailto:lgloss@metroymcas.org)



**Before and After Camp Care** is only available for the camps at the Sussex County YMCA, for an additional cost, visit our website.

**Before Camp Care** 7:00-9:00am.

**After Camp Care** 5:00-6:00pm.



# BLUE MOUNTAIN DAY CAMP

Visit [FairviewLakeYMCA.org/BMDC](https://FairviewLakeYMCA.org/BMDC) to see pricing, download the Camp registration form or to register online.  
(AGES 3-15)

Summer at **BLUE MOUNTAIN DAY CAMP** is magical. Located on the shores of beautiful Fairview Lake in Stillwater, New Jersey, this unique camp setting offers all of the amenities of a sleep-away camp in a convenient day camp format. Camp focuses on building self-esteem, confidence and social skills while increasing independence and health and wellness awareness. Your camper will have fun and make new friends while exploring new experiences outdoors.

**\*Operated by Fairview Lake YMCA Camps. Bus Transportation is available.**

## There are many camp activities for children ages 3-15 to choose from:

- Archery
- Riflery
- Canoeing
- Climbing tower
- Fishing
- Survival skills
- Sailing
- Hiking
- Sports
- Lake swimming
- and so much more



**Before Camp Care** 7:00-8:30am. **After Camp Care** 5:00-6:00pm is available for an additional cost.

**CAMP OPEN  
HOUSES**



**2-4pm** Rain or Shine



**2020**  
January 20  
February 24  
March 10 & 24  
April 14 & 28  
May 19

**Fairview Lake YMCA Camps**  
1035 Fairview Lake Road  
Newton, NJ 07860  
(P) 800 686 1166  
(E) [bluemountain@metroymcas.org](mailto:bluemountain@metroymcas.org)  
(W) Visit [FairviewLakeYMCA.org/BMDC](https://FairviewLakeYMCA.org/BMDC)





# Sleep-Away Camps

Fairview Lake YMCA Camps and Camp Michikamau are summer sleepaway camps of the Metropolitan YMCA of the Oranges.

## FAIRVIEW LAKE YMCA CAMPS Grades 2-11

1035 Fairview Lake Road, Newton, NJ 07860

(P) 800 686 1166 (E) fairviewlake@metroymcas.org

(W) FairviewLakeYMCA.org

**Fairview Lake YMCA Camps** is nestled at the base of the Kittatinny Ridge on a 110-acre lake, 660 acres of woodlands, streams, ponds and open fields in scenic Sussex County.

We offer children **grades 2-11**, a beautiful, fun, adventurous setting in which to grow, play and thrive. Each of our camps has traditions, songs and stories that develop a sense of belonging in campers, even if it's their first time away from home. Our highly trained and caring staff are selected to ensure the safety of our campers, and to help them realize their full potential, make new friends and try new activities. For over 100 years, campers have been calling Fairview Lake their home away from home, because of what they **BECOME**.

**For more information visit [FairviewLakeYMCA.org](http://FairviewLakeYMCA.org) and download our 2019 Camp Brochure.**

- Our Camps:**
- Traditional Sleepaway Camp
  - Environmental Trips for Challenge (E.T.C.)
  - Ranch Camp
  - Specialty Camps
  - Counselor-In-Training Program (CIT)

### 2019 CAMP OPEN HOUSES



**2-4pm**  
Rain or Shine



January 20  
February 24  
March 10 & 24

April 14 & 28  
May 19



## CAMP MICHIKAMAU Grades 3-10 (Ages 8-15)

**YMCA of Greater Bergen County** 360 Main Street, Hackensack, NJ 07601

(P) 201 487 6600 (W) YMCAGBC.org

**Camp Michikamau**, is a beautiful camp nestled in the scenic woods of Harriman State Park along Lake Kanawauke. Our camp provides a beautiful natural setting with access to hiking trails and lakes. We have offered a high-quality traditional overnight camp for youth and teens, for more than 80 years.

We provide a balance of structured and choice activities. With our own waterfront we have a fleet of canoes, kayaks, rowboats, and paddle boats that offer a wide variety of waterfront activities. Athletic facilities include a blacktop area, two sports fields, an archery range, rock climbing wall and challenge course. For indoor activities, each camp has a recreation hall and an arts and crafts cabin.

During their first week, campers experience every program area at least once as well as the daily swim lessons. During the second week, campers are given the freedom to choose their activities such as rock climbing, kayaking, nature programs, dance and much more. Each camper receives daily swim lessons taught by qualified instructors. After dinner, campers enjoy an activity such as game night, a dance, scavenger hunt, a gold rush, talent show or campfire.



**For more information visit [YMCAGBC.org](http://YMCAGBC.org) and download our 2019 Camp Brochure.**



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## SUSSEX COUNTY YMCA

15 Wits End Road, Hardyston, NJ 07419

P 973 209 9622 F 973 209 1483

[SussexCountyYMCA.org](http://SussexCountyYMCA.org)



Non-Profit  
Organization  
U.S. Postage  
**PAID**  
Caldwell, NJ  
Permit No. 374



### CELEBRATE WITH US Birthday Parties!

Celebrate your child's birthday at the Y. We offer swim, sports, dance parties and more! Visit our website for a full list of activities. Our professional staff will lead the activities and organize your party. A private party room is available for pizza and cake.

**For additional information and to book your party, call 973 209 9622.**

# COME HERE ALL YEAR

## FAIRVIEW LAKE YMCA CAMPS



### ENVIRONMENTAL EDUCATION

August - June

As NJ's largest provider of residential Environmental Education, we provide a once-in-a-lifetime experience for students, teachers and parents. Leave the classroom and explore 660 acres of fields and forests, join your classmates on a geo-caching adventure, or develop leadership and communications skills in a setting like no other.



### FAMILY and SPECIALTY WEEKENDS

August - June

- Family Camp Weekends
- Mother/Son Weekend
- Mother/Daughter Weekend
- Women's Wellness Weekends
- Father/Son Weekend
- Yoga
- Father/Daughter Weekend
- Adventure Retreats

And more!

[FairviewLakeYMCA.org](http://FairviewLakeYMCA.org) • 1035 FAIRVIEW LAKE ROAD, NEWTON, NJ 07860 • (P) 800 686 1166

Fairview Lake YMCA Camps is a branch of the Metropolitan YMCA of the Oranges.