



Family Support's Respite Programs

SCARC's respite programs are designed for families residing in Sussex County and their loved one who has an intellectual/developmental disability. Families receive respite services each month allowing the parent's time to relax away from the daily demands of caring for their family member. During this time a fully trained SCARC Direct Support Professional or privately hired caregiver tends to the needs of the individual.

- Accessing the program:
 - Individual served must have a diagnosis of an intellectual/developmental disability.
 - Eligible for funding through Department of Children and Families (DCF) or Department of Developmental Disabilities (DDD).
 - Limited private funding is available (on a case by case basis) for those individuals who are not yet eligible for DCF or DDD services.

- Respite Programs for Children (DCF/PerformCare or private funding):
 - In-Home Respite- The family receives 20 hours of respite per month. Hours and days are determined by the families' need.
 - Just Us Kids- a socialization program for children ages 5-15, offered 3 Saturdays a month, 10am-3pm. Staff support the children in activities with their peers both center based and in the community.
 - Teen Scene- a socialization program for teens ages 15-21, offered 3 Saturdays a month, 5pm-9pm. Staff support the teens in activities both center and community based.
 - Self-Hired Respite- The family hires a caregiver of their choice and are reimbursed monthly for the respite care costs.
 - Summer Experience- a two week day camp program for ages 13-21.

- Respite Programs for Adults (DDD Individual or Supports Budget or private funding)
 - In-Home respite- The individual's budget determines the amount of hours a family may utilize each month. Hours and days are determined by the family.
 - Community Outings- Respite hours may occur out in the community. Parent would meet staff at a predetermined location to access a SCARC vehicle.

- Special needs can be accommodated ie: diet, medication administration, behavioral supports, self-care needs.

Please contact Daele Phlegar, Senior Coordinator Community Services at 973-383-7448 ext. 254 or email dphlegar@scarc.org for more information.