NOW PLAYING: NATIONAL SCHOOL LUNCH WEEK

OCTOBER 12-16, 2020

PARENTS: Did You Know? Today's school lunches meet strict nutrition standards, including limits on calories, sodium and unhealthy fats.

> **30 MILLION** students enjoy healthy lunches every school day!

Your ticket to good nutrition! Every School Lunch includes:

ADMIT ONE

 ³/₄ cup of vegetables with every lunch

OW PI

- 1 cup of 1% or fat-free milk
- 1/2 cup serving of fruit daily
- Entrées include whole grains & lean protein





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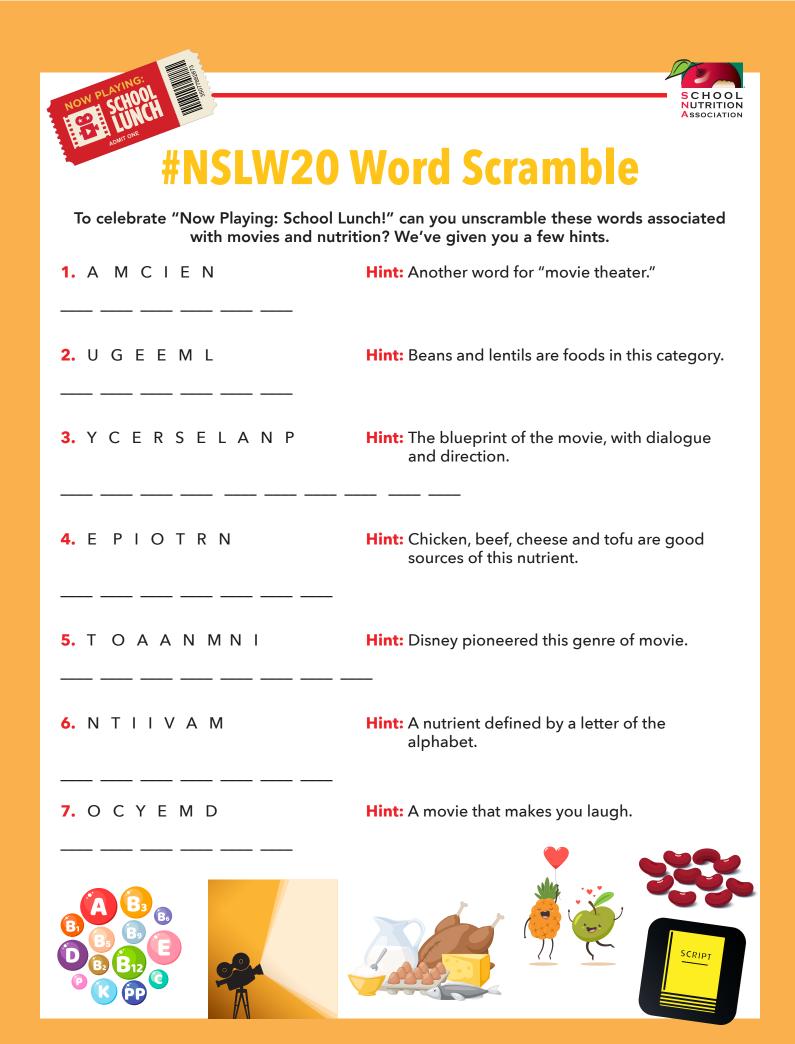


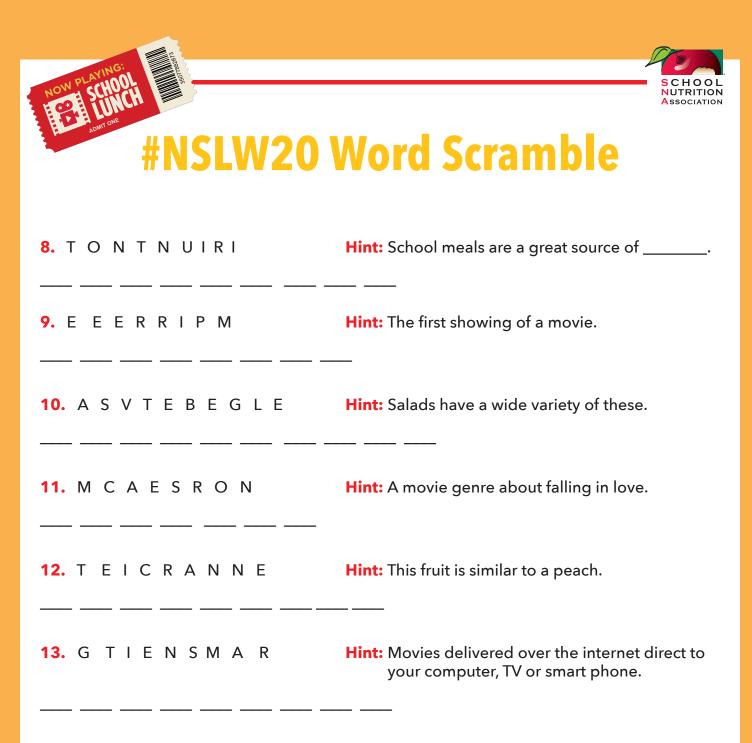
@Schoolnutritionassoc



Read school meal success stories here: traytalk.org

Join the conversation: #NSLW2020 #SchoolLunch





14. T A H W E

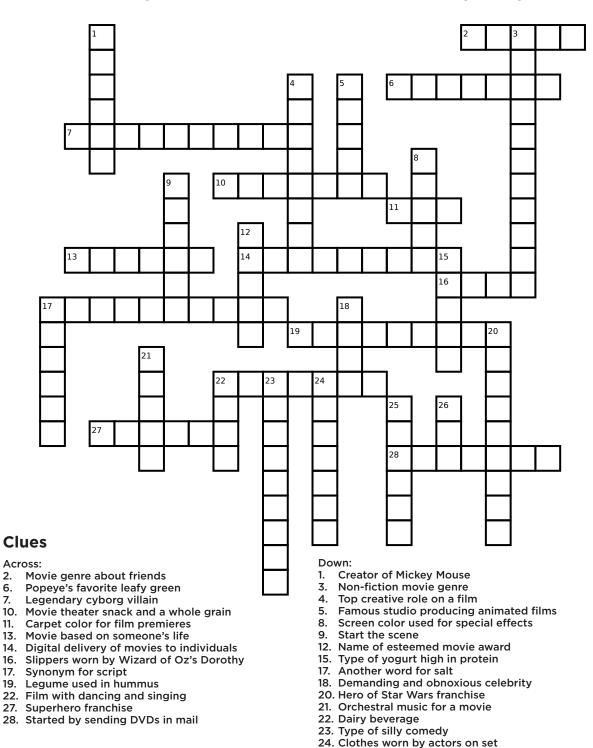
Hint: A popular source of whole grains.





#NSLW20 CROSSWORD

Celebrate "Now Playing: School Lunch!" by completing this crossword puzzle featuring words associated with movies and healthy eating!



25. Yellow fruit with lots of potassium

26. Stop the scene

#NSLW20 MAZE



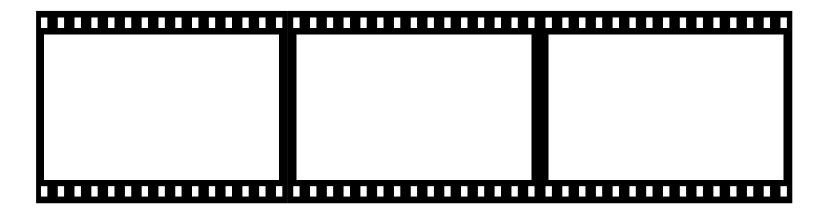
School Lunch is your ticket to good nutrition—and National School Lunch Week is your ticket to great fun! Can you find your way to the center of the action?



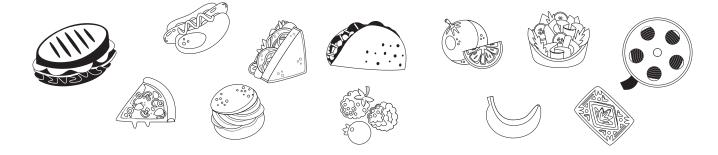


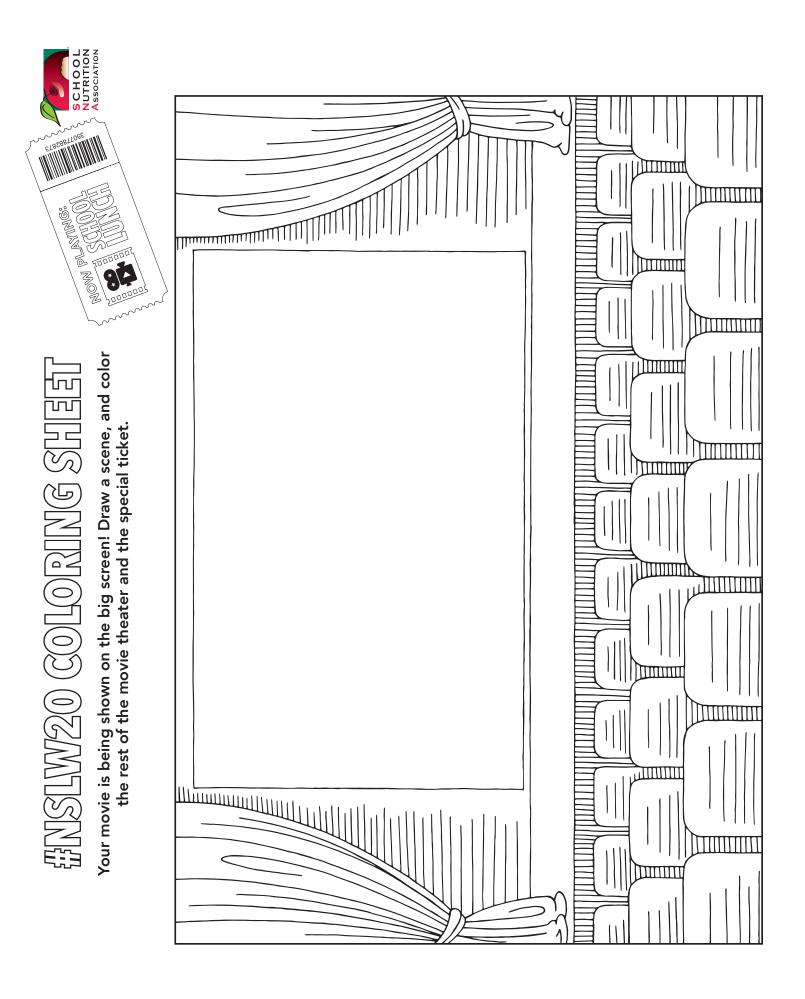


Pretend you are creating a movie about a fruit or vegetable who is a superhero. Draw a few storyboards in the film frames below.











Healthy school lunch items and iconic movie tools! Bring the "Now Playing: School Lunch!" logo alive with your crayons and markers.















Here are the answers to the NSLW20 Word Scramble and Crossword, if the students need some help!

Word Scramble

- 1. Cinema
- 2. Legume
- 3. Screenplay
- 4. Protein
- 5. Animation
- 6. Vitamin
- 7. Comedy

- 8. Nutrition
- 9. Premiere
- 10. Vegetables
- 11. Romance
- 12. Nectarine
- 13. Streaming
- 14. Wheat

Crossword Puzzle

