Please join the Special Education Parent Advisory Groups (SEPAG) of Ogdensburg, Franklin, Wallkill Valley Regional High School, and Hamburg for a free parent virtual workshop

## Helping Students Cope with the Stress of Covid 19 and Remote Learning



Presented by Bernie Ivan, LCSW and founder of Strength for Change

## Tuesday, December 8th at 7:45

Join Zoom Meeting using the link below:

https://zoom.us/j/91402321929?pwd=dVloQUxNRVVZTEU4TVVFeWVaNVprUT09

Or go to Zoom.com and use Meeting ID: 914 0232 1929 and Passcode: 5C0k6b

Please Contact Leanne Paolazzi with any questions at <u>|paolazzi@obboe.org</u>