

Are you ready for inspiration & not intimidation?

Y Members benefit from:

- Lap swim and swim lessons
- Free In-person, Live Virtual, and On-Demand fitness
- No reservations for fitness center
- Pickleball and more
- No Annual Fee
- 30-day money back guarantee
- 14-day cancellation notice

SAVE 20%

When you and a friend join the Y at the same time, or referred by a member, you'll **BOTH** be enrolled in our **20/20 Membership Program** to save 20% on your membership each month as long as you both remain members.

The Y is following all CDC, federal, state and local health and safety quidelines.

Financial assistance is available.

JOIN ONLINE metroymcas.org/join