

# PARENTS AS CHAMPIONS FOR HEALTHY SCHOOLS



Acquire the tools needed to make a difference in your child's school! Join us for an inspiring 4-session virtual training where PAC trainers guide participants through the process of how school districts operate, brainstorm areas for improvement amongst your school community in regards to health and wellness, and discuss best practices to be an effective parent leader!

**Eligible counties include:** Sussex, Warren, Morris, Passaic, Bergen, Essex, Hudson



**THURSDAY, FEBRUARY 9, 16, 23 AND MARCH 2**



**6:00-8:00 PM**



**VIA ZOOM**

**Limited Seats**

**Free Training and Supplies**



## \$125 Stipend

will be awarded to each **parent of a middle or high schooler** that completes all 4 sessions of the training

## \$1,000 Grant Opportunity

Each team will be given the opportunity to apply for a grant of up to \$1,000 to promote a healthy school climate in a **middle or high school**



[CLICK HERE](#) OR SCAN THE QR CODE TO REGISTER

QUESTIONS? CONTACT TRACY SEMAR AT [TRACYS@CENTERFORPREVENTION.ORG](mailto:TRACYS@CENTERFORPREVENTION.ORG)

