



SKYLANDS WELLNESS

SCHOOL MENTAL HEALTH SERVICES

Expert risk assessments for school clearance, mental and behavioral health consultation, and mental health supports.

SCHOOL CLEARANCE

- Assessment for Suicide and Self-Harm Risk
- Thorough Biopsychosocial Assessment
- Quick turn around times
- Recommendations & Referrals for families
- Convenient Morris County & Sussex County Locations - telehealth when appropriate

MENTAL HEALTH SUPPORTS

- School based counseling services by contract
- Expert mental health training for staff and families
- Mental Health Consultation for behavioral and mental health supports for students



WARM OFFICE ENVIRONMENT

Assessments are completed in our comfortable and private offices in Newton, NJ or Ledgewood, NJ. We aim to make a stressful experience an opportunity for growth and new community connections.



EXPERT ASSESSMENT

All assessments are completed by licensed professionals with advanced training in risk assessment utilizing evidence based assessment tools, strengths-based assessment skills, and a family focused approach.



ONGOING SUPPORT

We offer a follow up phone consult with school personnel and family. Our licensed professionals can answer follow up questions, provide additional referrals, and support staff and family in following recommendations.

CONTACT SKYLANDS WELLNESS - SCHOOL SERVICES:

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