

For individuals with substance use/addiction issues



Alcoholics Anonymous

- 12-Step program for anyone with a desire to stop drinking
- Mondays at 6:00 p.m. (*Open, Big Book Study*)
 - Mondays at 7:30 p.m. (*Open, Beginners Discussion*)
 - Tuesdays at 7:30 p.m. (*Open, Big Book*)



S.M.A.R.T. Recovery

- Science-based recovery support meeting to equip people with practical skills and tools to overcome their addiction
- Mondays at 7:30 p.m. *Virtual | Zoom ID:994 3373 5329*
 - Wednesdays at 7:30 p.m. (*Open*)
 - Fridays at 12:30 PM (*Open*) *Main Office, 61 Spring St, Newton*



Debtors Anonymous

- 12-step program offering hope for people whose use of unsecured debt causes problems and suffering in their lives and the lives of others
- Fridays at 5:00 p.m. (*Open*)



The Noble Steps

- 12-step program that integrates Buddhist teachings and practices
- Saturdays at 8 a.m. *Virtual | Zoom ID: 730 677 9973 | PW: 306678 (Open)*



Narcotics Anonymous

- 12-step program for anyone with a desire to stop using drugs
- Saturdays at 5:00 p.m. (*Open, Step Working Guide discussion*)

For family and friends



S.M.A.R.T. Family & Friends

- Support group meeting for anyone affected by the addictive behaviors of a loved one. Learn ways to better cope with your unique situation.
- Thursdays at 6 p.m. *Virtual | Zoom ID: 917 230 074 | PW: 639809 (Open)*

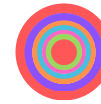
- OPEN meetings are open to anyone, including observers.
- CLOSED meetings are limited to people who identify as members or potential group participants.

For everyone



Drop-in for Recovery

- Speak to a recovery coach for guidance in navigating recovery
- Monday-Friday 10 a.m. - 4 p.m.
 - 2nd & 4th Thursdays from 3 - 7 p.m. *Hopatcong Resource & Wellness Center 47 Hopatchung Rd, Hopatcong, NJ*



Mindfulness Walk

- Meet others for a trail walk while practicing mindfulness.
- Mondays 4:00- 5:00 p.m. *Main Office, 61 Spring St, Newton*



Narcan

- Monthly opioid overdose prevention training and free Narcan kits
- 1st Friday Times Vary - Register: centerforprevention.org/rcc/narcan



J.A.M (Journey Through Arts & Music)

- Open Mic Night. Bring your instruments, written/spoken word, poetry, or art to share or enjoy the show and fellowship.
- 3rd Saturday, 7:00 - 9:00 p.m.



Budget-Friendly Gourmet Cooking Class

- Learn how to create simple, healthy meals on a budget. Space is limited. Registration is required. Contact Marjorie@centerforprevention.org



Open to Hope Grief Support Group

- A safe space for healing from the loss of a loved one due to substance use, overdose, and/or addiction. Contact Marjorie@centerforprevention.org
- 4th Thursday, 6:00 p.m. to 7:30 p.m. (*Closed*)

- IN-PERSON meetings are located at 65 Newton-Sparta Rd, Newton, NJ, (unless otherwise indicated)
- VIRTUAL meetings are offered via Zoom.
- HYBRID meetings welcome participants both in-person and via Zoom